

# Navorina News

# November 2025

Navorina Nursing Home 5 Macauley St Deniliquin  
activities@navorina.com.au



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# Editor's Desk

Dear Readers,

This month, we celebrate World Television Day - a reminder of how television has connected people across the globe, bringing stories, news, music, and laughter into our homes.

From the early black-and-white sets to today's high-definition screens, television has been more than entertainment—it has been a bridge of communication and shared experiences. Whether you recall your very first TV set, favorite shows from the past, or the joy of gathering with family to watch a special program, television has touched all our lives in meaningful ways.

Let's take a moment this November to appreciate the magic of storytelling on screen and the way it has helped shape our memories.

**We would like to inform you that the trial period for our internal facility door has now been completed. Following a successful evaluation, the internal door will remain open and unlocked during business hours (9 am–5 pm) from 20/10/2025 onwards.**

**All residents have been assessed regarding the appropriateness of independent movement within the facility, and our environmental restrictive practice has been reviewed accordingly. Please note that for residents residing in Inala/Chamberlain, there are no changes, and these units will remain secure. If you have any questions or concerns, please don't hesitate to come and see us.**

Our new Coffee machine is arriving soon for our café, thank you to the Auxiliary, also huge thank you to the auxiliary who have been assisting paying for entertainment for our residents.

Thank you to Rotary for donating and taking the time to plant the plants in the Rotunda area, the area looks magnificent.

Melbourne Cup Day is fast approaching, once again this year we will be celebrating with a chicken and champagne luncheon, fashions on the field at 11am – all families are welcome to join us.

Best Regards,

*Bernadette*



# Month in Review



# Month in Review



# Upcoming Events

**Melbourne Cup** Tuesday 4<sup>th</sup> November

**Ladies Day** Thursday 6<sup>th</sup> November

## **Resident Meeting**

Monday 10<sup>th</sup> at 10am – all welcome

## **Navorina's got talent Show**

Wednesday 19<sup>th</sup> at 3pm

## **Intergeneration program**

Wednesday 5<sup>th</sup> & 19<sup>th</sup> at 2pm

**Memorial Service** -Monday 24<sup>th</sup> at 10.30am



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# Regular Events

Happy Hour every Friday 2pm – 3pm

Catholic Service Last Thursday of the month at 10am

Hairdresser every Thursday from 9am

Men's Group every Monday at 2pm

Bingo! Monday at 2pm, Tuesday at 10.00am

## **Special Days**

- 1<sup>st</sup> Diwali
- 1<sup>st</sup> All Saints Day
- 3<sup>rd</sup> Sandwich Day
- 5<sup>th</sup> Guy Fawkes Night
- 5<sup>th</sup> Melbourne Cup
- 8<sup>th</sup> Tongue Twister Day
- 9<sup>th</sup> Inventor's Day
- 11<sup>th</sup> Remembrance Day
- 11<sup>th</sup> Veterans Day
- 13<sup>th</sup> World Kindness Day
- 14<sup>th</sup> Monet's Birthday
- 19<sup>th</sup> Men's Day
- 21<sup>st</sup> Philosophy Day
- 21<sup>st</sup> World Hello Day
- 21<sup>st</sup> World TV Day
- 27<sup>th</sup> Thanksgiving
- 30<sup>th</sup> St. Andrew's Day

# November Birthdays

In November, we celebrate birthdays with:

- **Fay Prindable**
- **Kevin Holden**
- **Jean sartorial**



## World Television Day Trivia

World Television Day was declared by the United Nations in 1996 to recognize TV's role in informing, educating, and influencing society.

The first successful television demonstration was conducted by John Logie Baird in 1926.

Did you know? The first TV remote control, called the "Lazy Bones", was introduced in 1950 - and it was connected to the set by a wire!

## Scorpio (Nov 23 – Nov 22)

Competitive, passionate, independent, and unafraid to blaze their own trail no matter what others think.

## Sagittarius (Nov 23 - Dec 21)

Sagittarians are artistic, loyal, sophisticated, independent, and kind!

WOW!

## The Golden Age of Television

The Golden Age of Television (late 1940s–1960s) brought families together to enjoy comedies, dramas, and variety shows like *I Love Lucy* and *The Ed Sullivan Show*. More than just entertainment, it created a shared experience - neighbors, friends, and entire nations watched together, shaping culture and conversation.

# Poem to Share

## Stories Through the Screen

*Anonymous*

A box of light within the home,  
It carried voices, near and far.  
From black-and-white to colours bright,  
It placed the world beneath one star.

We gathered close, the evening set,  
A family joined in laughter's sound.  
Through every tale and every scene,  
A sense of wonder would be found.

The news would come, both grave and kind,  
Historic steps upon the moon.  
A song, a play, a friendly face,  
The promise of connection, soon.

And though the years have moved along,  
And screens have changed, grown sleek, refined,  
The heart of TV still remains -  
A thread that joins all humankind.

So let us pause and fondly see,  
The magic in that gentle glow.  
A simple gift of shared delight,  
That helped the world together grow.

# Noticeboard



## NEW RESIDENTS

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A very warm welcome to:

- **Gwen Mitchell**
- **Dawn Hetherington**

## NEW STAFF

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A warm welcome also goes to the people who joined our team in the past month!

- **Joyce -AIN**
- **Priya - EEN**
- **Ha – Kitchen**
- **Mikesh – Agency Cook**

We hope that you enjoy your time here!

We welcome back Dot & Yvonne  
Agency RN's

## CHRISTMAS DAY

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**This year again for Christmas day, residents can have two visitors for Christmas lunch at a cost of \$25 per person- this needs to be paid to the front office before Christmas day, please make sure you RSVP as no extra meals will be catered for.**

## CONTINUOUS IMPROVEMENT

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**Residents, families and friends are reminded that there are several avenues available for you to express your views, suggestions and complaints.**

**There are feedback forms available in the front foyer near the CEO's office, in the café area or ask a staff member. We are happy to receive feedback at any time and strongly encourage everyone to contribute so that we can ensure that we continue to do the BEST we can.**

## CAN YOU CONTRIBUTE?

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**Contributions to our newsletter are encouraged and appreciated!**

**Articles, photos, reports on community outings, staff news, trivia, poems and amusing stories relating to residents and staff are most welcome.**

**Please hand in your submission to Lifestyle staff or email**

**[activities@navorina.com.au](mailto:activities@navorina.com.au)**

**Thank you!**

# Noticeboard



## **LIBRARY SERVICE**

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**We have a mobile library service that delivers & picks up library books to residents. If you would like this service, please talk to a Lifestyle staff member.**

## **THANK YOU**

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**We would like to issue a heartfelt thanks to relatives and volunteers who support us day in and day out. You make such a difference, and we so very much appreciate your time and energy.**

## **HAIRDRESSER**

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**We have a hairdresser who attends every Thursday . If you would like an appointment please talk to Lifestyle or ask a staff member to write your name down in the hairdressers book.**

## **FAMILY COFFEE MORNING**

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**Sunday 2nd of November at 10am – all families are welcome to join us for a cappuccino and cake.**

**Huge thank you to the Barnet family.**

## **MELBOURNE CUP**

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**Tuesday 4<sup>th</sup> November -Come dressed to impress, fashions on the field 11am. Chicken & champagne luncheon at 12pm. All families are welcome to attend.**

## **MEMORIAL SERVICE**

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**Celebration of life ceremony, to be held Monday 24<sup>th</sup> November at 10.30am -all welcome to attend.**

# Laughing Matters



## Shopping for a TV

A blonde goes to buy a TV and asks for the manager at the electronics store

She asks, "How much is that TV?"

The manager responds "I'm sorry but I don't sell to blondes"

She gets mad and leaves the store. When she gets home, she gets an idea. She decides to dye her hair red and the next day she goes back to the same store.

She asks the manager "How much is that TV?"

Again, the manager says "I'm sorry, I don't sell to blondes"

Confused but angrier still she goes home and dyes her hair black this time and goes back on the third day.

She asks, "How much is that TV?"

The manager shakes his head and says "I'm sorry but I don't sell to blondes"

She says, "How do you know I'm a blonde after I dyed my hair?!"

The manager responds "That's not a TV that's a microwave"

# Spotlight



## Rhea Mcleod

**Rhea is originally from the Philippines and has been living in Australia since 2012. She has been married for 15 years and has three beautiful children. Rhea has been working at Navorina for nearly three years; she describes herself as a very loving person who enjoys caring for the residents and has a positive attitude. Her children have a pet ferret, and the family enjoys going out to the soccer club on Wednesdays, Thursdays and Saturdays.**

# Word Search

## TV SERIES CLASSICS



W R M J C B E W I T C H E D  
A H L A E H M M A T L O C K  
G L A A C T E A J F B P S G  
S O F P S G S E S I R G T S  
G M L W P S Y O R H A Z A E  
E I F D A Y I V N S D R R I  
T S U E E L D E E S Y O T N  
S T L A T N T A V R B S R F  
M E L S R H G O Y E U E E E  
A R H P P M T I N S N A K L  
R E O F R B T G R S C N P D  
T D U V V B J A F L H N D R  
J W S X D A L L A S S E U G  
E C E S I M P S O N S C L H

Bewitched  
Happy Days  
Alf  
MacGyver  
Lassie

Brady Bunch  
Star Trek  
Cheers  
Seinfeld  
Mister Ed

Waltons  
Matlock  
Full House  
Roseanne  
Jetsons

Mash  
Simpsons  
Golden Girls  
Get Smart  
Dallas