

SEPTEMBER NEWS



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Halloween: October 29th

Melbourne Cup: Nov 2nd

Oaks Ladies Day: Nov 4th

Christmas: Dec 25th

New years: 1st Jan



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All residents families are advised that at any visit you are welcome to bring in decorations for Halloween and outfits/ hats for our Melbourne Cup and Ladies Day festivities.

UPDATED COVID RESTRICTIONS

A reminder for all visitors entering Navorina. The restrictions are as follows:

- You **must** wear a **mask** at all times.
This means no eating or drinking whilst you are in the facility. If you need to eat or drink you can do so in the rotunda area, but must be 1.5m away from residents.
- Only 2 visitors per resident / per day. All visits must be in the residents' rooms.
- When entering the facility hands must be washed in the 1st handbasin in Inala Mirradong (on your right hand side). There is hand sanitiser /wash stations located throughout the building, please use on a regular basis.
- Face Time, Zoom or Skype sessions can be arranged though our lifestyle staff if need be, please contact Bernadette on 03) 5881 3944.
- Opening hours will continue as 9am -5pm Monday to Friday and 11am—1pm Saturday and Sunday .





WHATS HAPPENING?

With lockdown descending upon Navorina, jigsaws were in full swing from our residents.



HEAR FROM OUR DIRECTOR

The building works have commenced on our final stage 4C. This includes our new hairdressing salon, café/ bar, and spacious activities room. A 3D floor map is in the administration area for all visitors to see and a copy is attached if you haven't already had a chance to look. For this stage to commence it has meant a few changes to entry for visitors and staff. All visitors to Navorina will be escorted into the facility for the time being until our new visitor swipe tags arrive. If you are unsure on where to go once in the building, please ask one of our staff to guide you through.

With ongoing Covid restrictions, Navorina is continuing to try and make visiting hours as practicable as possible. Our opening hours have resumed to 7 days a week with admin staff available during this time. At this stage our visiting hours will remain Mon-Friday 9am to 5pm and Sat-Sun 11am to 1pm. Entry requirements are constantly changing, and we are contacting NOK's as soon as we become aware of changes.

As per the Department of Health directive from the 17th of September, all Navorina staff and volunteers must be vaccinated against COVID-19 as a condition of employment. The residential aged care sector now has one of the highest vaccination rates of any workforce in the world. So rest assured all staff that are currently working at Navorina have received at least their first dose.

I want to thank all the staff at Navorina for working tirelessly to keep us safe. We have been stretched with the additional demands from COVID-19. I see you, I appreciate you, and I support you and I know our residents, families and friends do as well.

Lastly, to our residents, families, and friends of Navorina, thank you for your patience and support through this time. We endeavour to provide our best care for your loved ones and appreciate the understanding you provide us with these current circumstances.

If you have any concerns, please do not hesitate to contact myself.

-Nicole Smith



Senior Clinical Co-Ordinators

Congratulations to Karen Bourke and Natasha Wyborn on their recent appointment of the shared role of Senior Clinical Coordinator. Nat will be working Monday, Tuesday and Wednesday, Karen will be working Thursday and Fridays in this role. We wish them well as they transition into this very important role.



ADVICE FOR FAMILIES

Families and friends are advised, if they need assistance to contact our Director of Nursing, Nicole Smith. If you would prefer not to approach a staff member a CI form is always available from our reception area. Another option is to contact OPAN (Older Person's Advocacy Network). Anyone living in an aged care facility, their family or representative who needs support can contact OPAN.

OPAN supports residents & relatives to understand and exercise your aged care rights. If you have a concern or complaint about aged care services, get free, confidential, independent advocacy support through your local Older Persons Advocacy Network (OPAN) member. OPAN's role is to uphold the rights of older people, their families, and representatives around Australia, and make sure your voice is heard.

Advocacy-free support to help you raise aged care issues.

Aged Care Rights - free information about aged care services, referrals, and rights.

Education –Free education sessions delivered in person and online.

Phone: 1800 700 600

Opening Hours: 8am to 8pm, 7 days a week.

Website: www.opan.org.au



